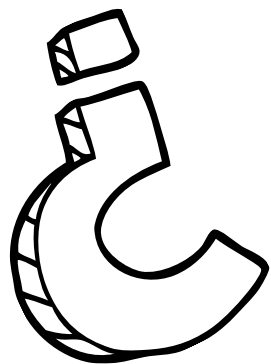


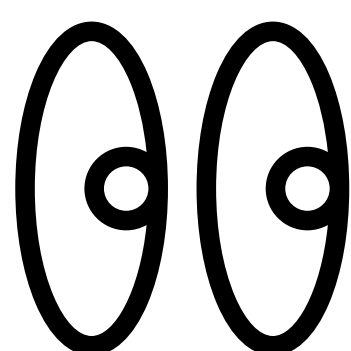
But...



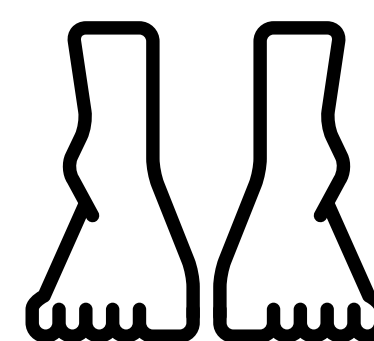
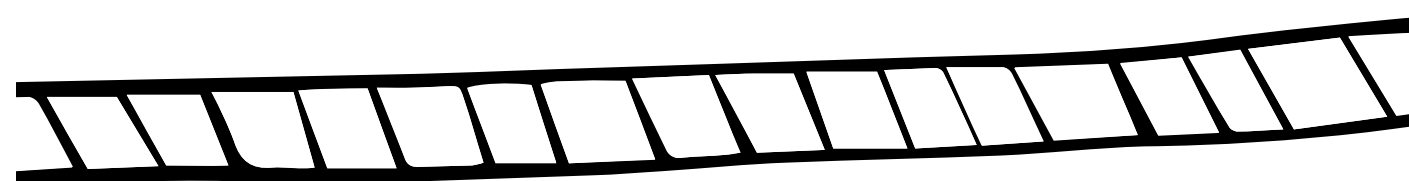
...I don't understand the Bible!



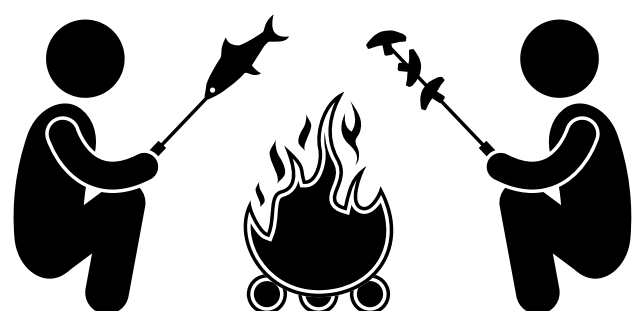
Where can you get a good sandwich?



Turn to Psalm 105



Look again at Psalm 105:23 for the answer!



The Bible is a complicated book! In fact, it is 66 books (or 73 for Catholics and some other Christian groups), which were written down over a period of about 1000 years. Many of the stories and books would have existed long before they were written down, passed on as spoken-word from one generation to the next.



Parts of the text are so ancient, they seem very hard to understand today. Other parts seem boring or full of unnecessary detail (ever read Leviticus?). Yet, the Church preserves and treasures the whole thing - even with its boring bits, fussy bits, violent bits and downright confusing bits! So why is it all so important?



Look at Psalm 105:1 - what does this verse tell us about what this Psalm is for?

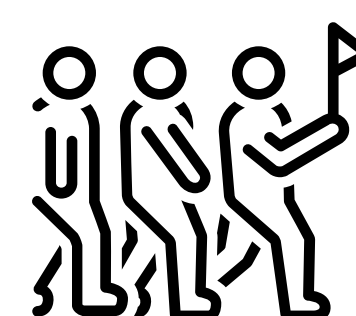
In verse 4, what two things do we find when studying God's works?

In verse 6, who is this psalm addressed to? According to Romans 9:7 who does this now include?

In verse 15, how are the children of Abraham described?

To be anointed means to be set aside for a special task, and in Bible times the task was often spiritual leadership.

Do you think of yourself as a spiritual leader? If not, why not?





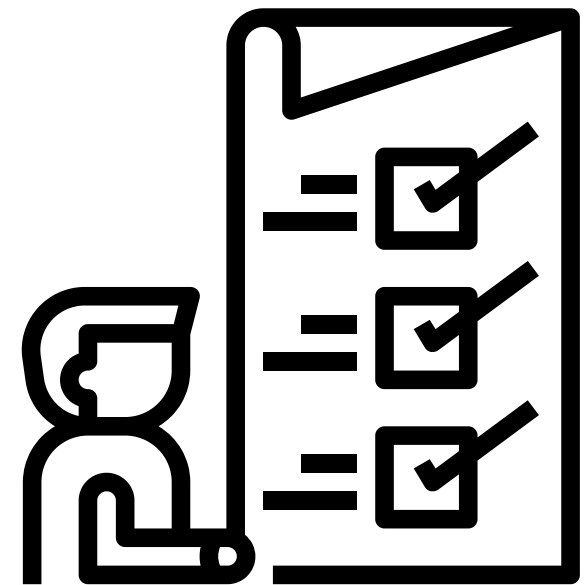
Reading verses 16-45, what Bible stories do you recognise? Have you ever read these stories through in the Bible?

According to verse 45, what was the reason that God did all these things?

At times, we may need a little guidance on how to understand the Bible, but it is a great book which helps us to remember all God's faithfulness in times past, and all God's promises for the future.

How has God shown faithfulness to you in your own past?

What promises has God made for your future? (Hint, try looking up some of these verses to help you: Joshua 1:9; Ephesians 2:10; Romans 8:38-39; James 1:5)



If you want to get stuck into the Bible, it's OK to start small. Beginning at Genesis and trying to get all the way through to Revelation might feel like the "right" or "logical" thing to do, but it is a big challenge to set yourself, and you may get discouraged along the way. Why not choose one Gospel to read first? Or, if you look online, you will find lots of helpful tools like 30-day reading guides, 7-day reading guides, 5 minutes-per-day reading guides.... and much much more!

You can also choose to study one topic in depth, perhaps by using one of our But...Bible Studies publications. Check out our website to see what's available, and don't forget to contact us via the website if you want to suggest a new title for the But... Bible Studies book series or the Psoothing Psalms Pseries! We'd love to hear from you!

